

Quick Start Guide



Alio Overview

Alio is a remote monitoring system consisting of a SmartPatch™ and hub. Wearing your SmartPatch continuously will allow monitoring of the key metrics of Hemoglobin (Hgb), Hematocrit (Hct), Hr and skin temperature in addition to giving your clinician the ability to listen to (auscultate) the area of wear. Also, the SmartPatch will provide a qualitative indicator of abnormal Potassium (K+). The SmartPatch securely transmits your clinical data to your doctor while you're next to the hub and provides actionable clinical information.

When using

Today

Plug in your Alio Hub and put on your first SmartPatch.

Every week

Replace your SmartPatch every 7 days or as needed.

Every month

Receive SmartPatches each month for as long as your doctor prescribes monitoring.

Need help?

US: (855) 979-1600

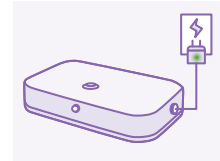
UK: +44 808 196 4250

If you have any trouble with the system, our customer support is here to help you.

Steps

1 Plug in your Alio Hub

Place the hub in a convenient spot where you frequent regularly in your home—preferably near a window to improve connectivity. Plug it in using the power cord.



2 Locate where your SmartPatch will be attached on your arm

The SmartPatch will be located between your cannulation sites on a mature vascular access. Be sure to choose a location with intact skin.



Do not apply the SmartPatch to compromised skin.

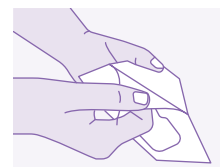
3 Clean your skin over your dialysis graft

Next, clean the skin where you will wear the SmartPatch with an alcohol wipe and let dry for 20–30 seconds. The skin should be free of oily residues, soaps, lotions, other products, and sweat.



4 Open the plastic SmartPatch pouch

Pull apart the top and bottom layers to open.



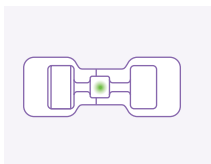
TURN ME OVER →

5 Remove SmartPatch backing and look for a blinking green light

Hold the SmartPatch by the loose end and remove the hard plastic backing.

A green light will blink 3 times to signal it is on.

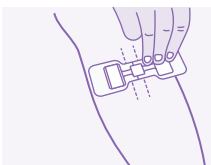
Call us for help if there is no light.



6 Place SmartPatch on skin

Holding the same loose end without exposed adhesive, place the SmartPatch on your cleaned skin.

Ensure it is not placed over your needling sites and/or compromised skin.



7 Make sure SmartPatch is secure by firmly pressing adhesive to the skin for 30 seconds

Remove the remaining thin plastic.

Secure the SmartPatch to the skin by pressing fingers along the edge of the SmartPatch and holding the whole SmartPatch down firmly for 30 seconds.



8 Check for a green light on the Alio Hub

Press the button on the top of your Alio Hub and confirm that the indicator light turns green.

Call us if you see a blinking yellow light so we can help.



9 Check for a green light on the Alio Hub

Go about all daily activities while wearing the SmartPatch. Although your SmartPatch can get wet, avoid submerging the SmartPatch in a bathtub or swimming pool.

When disposing of your used SmartPatch, please observe local laws for disposal of battery-operated electronic products



To Remove a SmartPatch

1. To remove a SmartPatch, gently peel from the skin.
2. Then clean off all adhesive residue with adhesive remover or baby oil.
3. Ensure all adhesive residue is removed from skin by using an alcohol wipe prior to placing a new SmartPatch.

Alio is cleared to remotely assess normal or abnormal levels of serum potassium, measured hemoglobin and hematocrit, skin temperature, auscultation sound data, and heart rate. Additions to the Alio product family will address key metrics for dialysis end stage kidney disease (ESKD) patients.



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